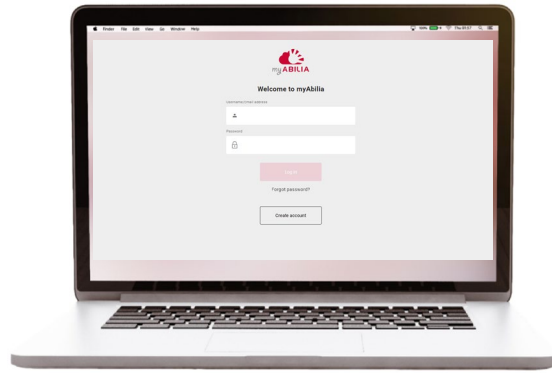# Get started with myAbilia and CARY Base
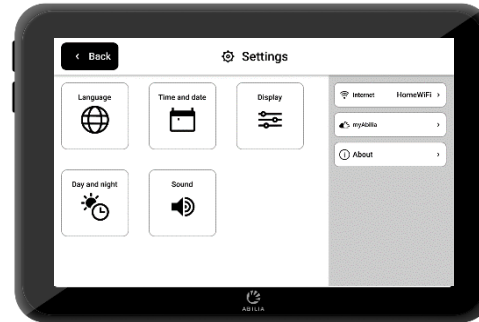
ABILIA

# Get started with myAbilia – step by step

1. Set up myAbilia account

a) *Go to www.myabilia.com on a computer, mobile phone or tablet.*
b) *Create a user account on myAbilia.*
c) *Log in to myAbilia.*
d) **Select the calendar module CARY.**
e) **Import the image library CARY.**

2. Connect CARY Base to myAbilia

Make sure that the device is connected to Wi-Fi and log in with the user account.

3. Add activities
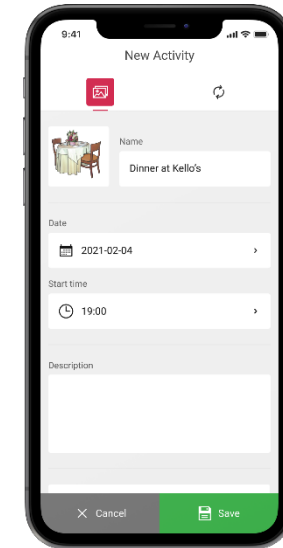
Log in to www.myabilia.com on a computer, mobile phone or tablet.

Use myAbilia to manage the calendar in CARY Base.

If you need more help, follow the instructions in this guide!

ABILIA

Create a user account at myAbilia

1. Open a web browser and go to www.myabilia.com.

2. Select **Create account**.

3. Select account type **User** and follow the instructions.

www.myabilia.com
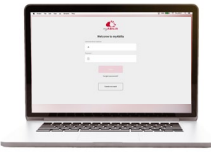
Log in to myAbilia

1. Open a web browser and go to www.myabilia.com.

2. Enter your username and password and select **Log in**.

Select the calendar module CARY

1. Select ⚙ and **My Profile** in the menu.

2. Select the tab **Modules** and select the modules intended for CARY:
   - Calendar – CARY
   - Basic Activities
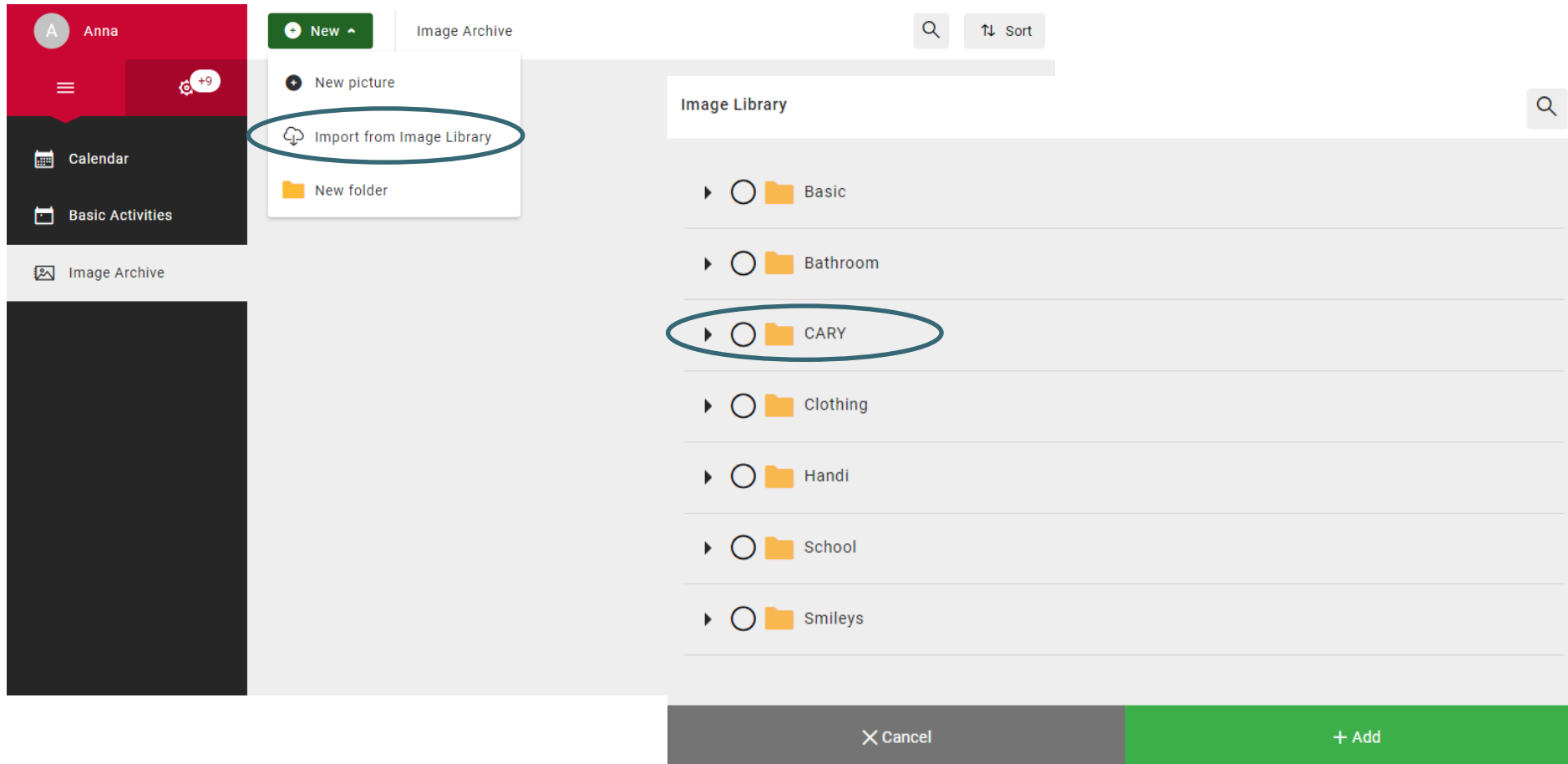   - Image Archive

3. Select **Save**.

Import the image archive CARY

1. Select ≡ and **Image Archive** in the menu.

2. Select **New** and **Import from Image Library**.

3. Select image archive **CARY** and **Add**.

Connect CARY Base to myAbilia

1. Go to the Power menu and select **Settings**.

Hold the power button to open the Power menu.
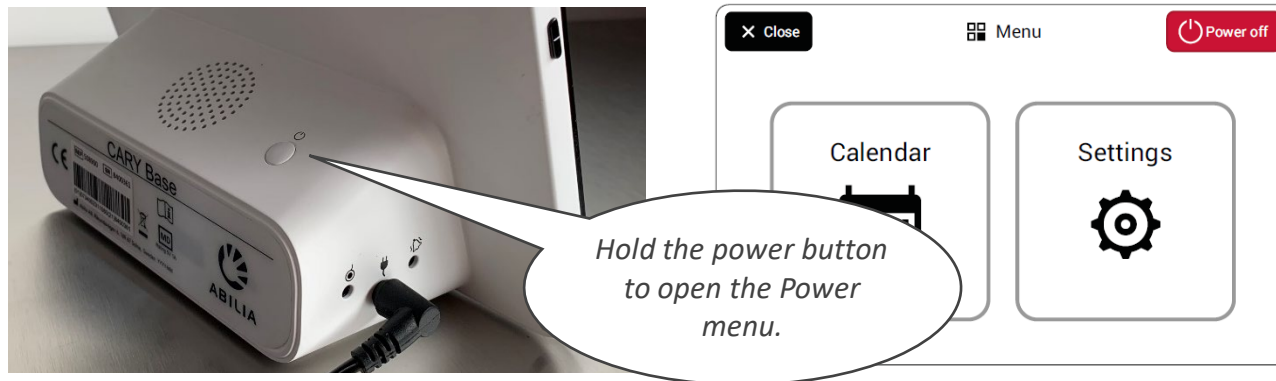
2. If the unit is not connected to the Internet, select **Internet** and select an available wireless network (Wi-Fi).

3. Select **myAbilia**.

4. Enter your username and password and select **Log in**.

5. Select **Back** and then **Close** to get back to the main view.
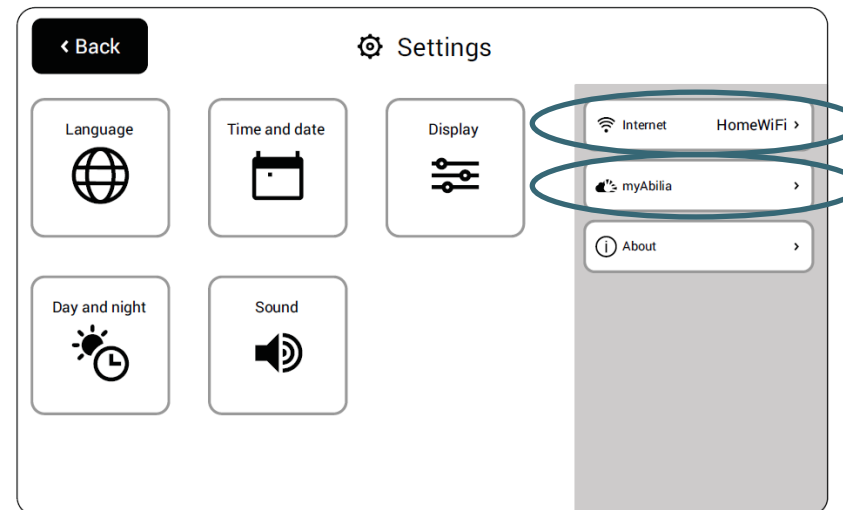
Add activities

1. Log in to www.myabilia.com with your user account.
2. Tap directly in the calendar to select **Date** and **Start time** of the activity.
3. Enter the name of the activity in the **Name** field.
4. Add a **Picture** and **Description** to the activity (optional).
5. Select to play a **message** or **text** when the reminder is shown (optional).
6. Select **Create** to save the activity.

CARY ⏰ ⌄

New Activity

🖼 Name & Picture | 📅 Recurrence

Picture

Name
Walk the dog

Description
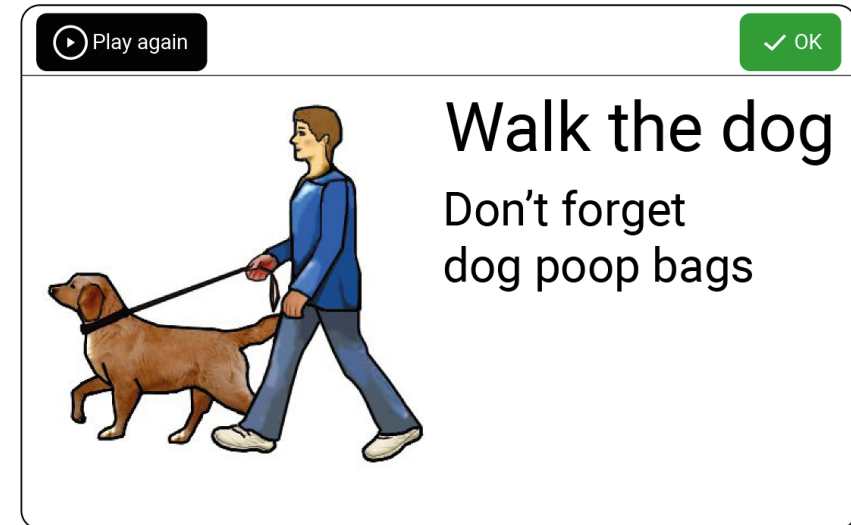Don't forget dog poop bags

🎤 Record message ‹

Date
2023-02-09 📅

Start time
15:30 🕐

Extra settings

☑ Show in dayplan   ☑ Play text at alarm

✕ Cancel | 💾 Create

Message =
Recorded sound or reading of text (Name and Description)

▶ Play again | ✓ OK
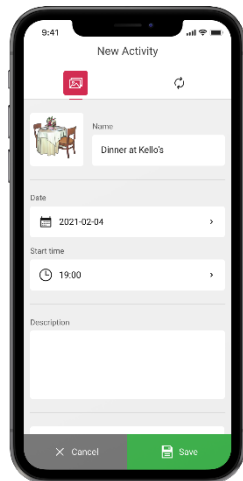
Walk the dog
Don't forget dog poop bags

Name

Description

Picture =
Picture from the image archive or your own photo.

ABILIA

How myAbilia works

Add an activity in CARY Base through myAbilia

The activity shows in CARY Base

CARY Base is updated:
- Every five minutes
- When you tap Calendar